# 1000 maria bellingeri

# FIVE DAY TOUR

# DAY 1

- Meet at the hotel
- Visit to Pollenzo, an ancient town of Roman origin, and tour of the Agenzia, formerly the private residence of King Carlo Alberto of Savoy, restored in 2004 and now home to the University of Gastronomic Sciences and the Wine Bank. The royal estate was recognized as a World Heritage Site by UNESCO in 1997
- Visit to the Wine Bank, with tasting opportunity
- Continue to La Morra to visit its small and perfectly preserved historic center
- Transfer to Barolo to visit Pira e Figli, a small winery producing wines of the highest quality
- Continue to the town of Barolo to wander through the streets of the historic town that gave its name to one of the world's most famous wines, including a visit to Wimu, an innovative new multimedia wine museum
- Lunch at Ristorante Bovio in La Morra, where the elegant but informal setting offers a stunning view over vineyards
- Visit to the charming medieval village of Monforte and its amphitheater
- Visit to the biodynamic Cascina Corte winery in Dogliani for a guided tasting and winery tour

#### DAY 2

- Meet at the hotel
- Walk around Alba, the Langhe's cultural and economic hub, a medieval city of palazzos and towers that testify to its glorious past
- Visit to the Laboratorio di Resistenza Dolciaria, an Alba pastry shop where owner Federico Molinari will lead a tasting of his typical specialties, a hazelnut spread and a hazelnut cake made according to his own unique research and creative experiments
- Discover Barbaresco, a village rich in history that has given its name to the wine considered to be one of Italy's great reds, along with Barolo and Brunello di Montalcino. We'll visit Bruno Rocca's winery and taste his Barbaresco
- Lunch at the Michelin-starred restaurant La Ciau del Tornavento in Treiso, with breathtaking views over the Langhe hills
- Continue with an afternoon in the Upper Langhe, exploring the wild and rocky landscape, a world away from the refined vineyards of the Lower Langhe. Here you will have a chance to travel back in time and see how cheese is produced artisanally. We'll visit the Agrilanga farm and dairy for a guided tasting and lesson on cheese

### DAY 3

- Meet at the hotel
- Arrival in Bra and coffee break at the historic Caffè Converso, named as one of Italy's best cafés by the Gambero Rosso guide
- Walk through the town's weekly market and down its baroque streets, home to the international headquarters of the Slow Food movement, which promotes quality food and protects gastronomic biodiversity around the world
- Arrival in Cherasco and tour of the ancient medieval town
- Learn about chocolate production at the Riccardi workshop, including a tasting of Baci di Cherasco and exquisite filled chocolates
- Lunch at the Ristorante Al Castello in Grinzane Cavour, where chef Alessandro Boglione offers stylish reinterpretations of the typical dishes of Piedmontese cuisine
- Visit to the adjacent Museum of the Langhe, a permanent space inside the Grinzane Cavour castle including displays on truffles, rare tools and utensils used in local food and wine production, recreations of kitchens from the 17th and 19th centuries and a distillery from the 18th century
- Visit to Serralunga d'Alba, a small village with an unusual circular structure, built around a medieval castle
- Visit to Fontanafredda, a prestigious estate in the heart of the Barolo hills

# DAY 4

- Meet at the hotel
- Visit to Neive, one of Italy's most beautiful villages, with a charming historic center and medieval castle
- Visit to the Serragrilli winery in Neive, a small family-run Piedmontese winery on top of the Serragrilli hill, producing wine from the grapes grown in its own surrounding vineyards
- Lunch at the trattoria La Cantina del Rondò in Neive
- Visit to the Casa del Trifulao in Costigliole d'Asti to learn about truffles. Hear the story of truffle hunting and learn about the traditions linked to this fascinating and mysterious world
- Continue to Canelli for an unforgettable experience, visiting the Monferrato Astigiano's stunning historic cellars, "the subterranean cathedral," with 12 miles of tunnels dug out of the tuff rock, over 100 feet below ground. Endless rows of bottles and barrels line the passageways, illuminated by soft lights. Wineries represented include Contratto, Coppo and Gancia, some of Italy's best sparkling wine producers

# DAY 5

- Meet the guide and depart for Turin
- Visit to the historic center and its monumental avenues, baroque palaces and ornate piazzas, including the city's old Roman gates; the 15th-century cathedral, home to the Shroud of Turin; and the Savoy royal palace

- We will continue with a carefully planned itinerary, discovering some of Turin's historic 19th-century cafés, an essential part of the city's culture, society and tradition. Sample the city's famous pastries in settings of great style and elegance, while sipping a bicerin, a typical chocolate and coffee drink
- Lunch at the Osteria i due Galli in the old Roman Quadrilatero neighborhood, one of the most interesting in the city, home to many literary cafés, North African and Mexican restaurants, tapas bars, trattorias and wine bars offerings a taste of Piedmontese tradition and specialties from around the world
- Visit to the National Museum of Cinema, located in the Mole Antonelliana, symbol of the city and one of Europe's tallest buildings

Other museum options include the Egyptian Museum, whose collection is second only to that in Cairo, the Sabauda Gallery and the GAM modern and contemporary art gallery, and outside Turin, Rivoli Castle, whose baroque halls house the Museum of Contemporary Art, or the recently restored Venaria Palace, a jewel of baroque architecture surrounded by splendid gardens

- Independent visit to Eataly, the world's largest center for artisanal Italian food and wine